Coverage Period: 01/01/21 – 12/31/21

Coverage for: Individual/Family | Plan Type: PPO



This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at <a href="https://www.itpeubenefits.org">www.itpeubenefits.org</a> or by calling 1-800-327-5926.

Important Questions	Answers	Why this Matters:	
What is the overall deductible?	\$550 Individual for In or Out of Network providers \$1,100 Family for In or Out of Network providers.	You must pay all the costs up to the <u>deductible</u> amount before this plan begins to pay for covered services you use. See the chart starting on page 2 for how much you pay for covered services after you meet the <u>deductible</u> . Combined family members may meet both <u>deductibles</u> .	
Are there other <u>deductibles</u> for specific services?	Individual Dental \$150	You must pay all the costs up to the <u>deductible</u> amount before this plan begins to pay for covered services.	
Is there an <u>out-of-pocket</u> <u>limit</u> on my expenses?	Yes. \$4,000 Individual for In and Out of Network providers \$8,000 Family for In and Out of Network providers.	The <u>out-of-pocket limit</u> is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses. Combined family members may meet the <u>out of pocket</u> maximum.	
What is not included in the out-of-pocket limit?	Employer Contributions, Balance-billed charges, Services deemed not medically necessary by Medical Management are not covered by this plan.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.	
Is there an annual limit on claims the plan pays?	No.	The chart starting on page 2 describes specific coverage limits, such as limits on the number of office visits.	
Does this plan use a <u>network</u> of <u>providers</u> ?	Yes. See <u>www.anthem.com</u> or call 1-877-331-4329 for a list of In Network providers.	If you use an in-network doctor or other health care <u>provider</u> , this plan will pay some or all of the costs of cover services. Be aware, your in-network doctor or hospital may use an out-of-network <u>provider</u> for some services. use the term in-network, <u>preferred</u> , or participating for <u>providers</u> in their <u>network</u> . See the chart starting on participating for how this plan pays different kinds of <u>providers</u> .	
Do I need a referral to see a specialist?	No. You don't need a referral to see a specialist.	You can see the <b>specialist</b> you choose without permission from this plan.	
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page 5. See your policy or plan document for additional information about <b>excluded services</b> .	



- <u>Coinsurance</u> is *your* share of the costs of a covered service, calculated as a percent of the <u>allowed amount</u> for the service. For example, if the plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>coinsurance</u> payment of 30% would be \$300. This may change if you haven't met your <u>deductible</u>.
- The amount the plan pays for covered services is based on the <u>allowed amount</u>. If an out-of-network <u>provider</u> charges more than the <u>allowed amount</u>, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the <u>allowed amount</u> is \$1,000, you may have to pay the \$500 difference. (This is called **balance billing**.) We allow usual and customary charges.
- This plan may encourage you to use In Network **providers** by charging you lower **deductibles**, **copayments** and **coinsurance** amounts.

Questions: Call 1-877-331-4329 or visit us at www.anthem.com.

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Common Medical Event	Services You May Need	Your Cost If You Use an In Network Provider	Your Cost If You Use an Out of Network Provider	Limitations & Exceptions
	Primary care visit to treat an injury or illness	30% Coinsurance	40% Coinsurance	none———
	Specialist visit	30% Coinsurance	40% Coinsurance	none
If you visit a health care provider's office or clinic	Other practitioner office visit	30% Coinsurance for Acupuncture and Chiropractor	40% Coinsurance for Acupuncture and Chiropractor	Coverage is limited to 30 visits per year for Occupational, Physical therapy and Chiropractor. Coverage is limited to 20 visits per calendar year for Speech therapy.
	Preventive care/screening/immunization	No Charges	40% Coinsurance	For more information refer to your SPD at www.itpeubenefits.org
If you have a test	Diagnostic test (x-ray, blood work)	30% Coinsurance	40% Coinsurance	For more information refer to your SPD at www.itpeubenefits.org
•	Imaging (CT/PET scans, MRIs)	30% Coinsurance	40% Coinsurance	Pre-certification is required
Is there an out-of-pocket limit on my expenses?	Yes. \$2,000 Individual / \$4,000 Family Generic drugs	30% Coinsurance	30% Coinsurance	For more information refer to your SPD at www.itpeubenefits.org
More information about prescription drug coverage is available at www.itpeubenefits.org 1-800-327-5926	\$2,000 Individual / \$4,000 Family Preferred brand drugs	30% Coinsurance	30% Coinsurance	For more information refer to your SPD at www.itpeubenefits.org
	\$2,000 Individual / \$4,000 Family Non-preferred brand drugs	30% Coinsurance	30% Coinsurance	For more information refer to your SPD at www.itpeubenefits.org
	\$2,000 Individual / \$4,000 Family Specialty drugs	30% Coinsurance	30% Coinsurance	For more information refer to your SPD at www.itpeubenefits.org
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	30% Coinsurance	40% Coinsurance	For more information refer to your SPD at <a href="https://www.itpeubenefits.org">www.itpeubenefits.org</a>
	Physician/surgeon fees	30% Coinsurance	40% Coinsurance	For more information refer to your SPD at www.itpeubenefits.org
If you need immediate medical attention	Emergency room services	\$300 Copay 30% Coinsurance	\$300 Copay 30% Coinsurance	\$300 Copay waived if admitted.
	Emergency medical transportation	30% Coinsurance	30% Coinsurance	For more information refer to your SPD at <a href="https://www.itpeubenefits.org">www.itpeubenefits.org</a>
	Urgent care	30% Coinsurance	30% Coinsurance	For more information refer to your SPD at <a href="https://www.itpeubenefits.org">www.itpeubenefits.org</a>
If you have a hospital stay	Facility fee (e.g., hospital room)	30% Coinsurance	40% Coinsurance	Pre-certification is required

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Common Medical Event	Services You May Need	Your Cost If You Use an In Network Provider	Your Cost If You Use an Out of Network Provider	Limitations & Exceptions
	Physician/surgeon fee	30% Coinsurance	40% Coinsurance	For more information refer to your SPD at www.itpeubenefits.org
	Mental/Behavioral health outpatient services	Not Covered	Not Covered	none
If you have mental health, behavioral health, or	Mental/Behavioral health inpatient services	Not Covered	Not Covered	none
substance abuse needs	Substance abuse disorder outpatient services	Not Covered	Not Covered	none
	Substance abuse disorder inpatient services	Not Covered	Not Covered	none
If you are pregnant	Prenatal and postnatal care	30% Coinsurance	40% Coinsurance	There may be other levels of cost share that are contingent on how services are provided. For more information refer to your SPD at www.itpeubenefits.org
	Delivery and all inpatient services	30% Coinsurance	40% Coinsurance	Pre-certification is required.
If you need help recovering or have other special health needs	Home health care	30% Coinsurance	40% Coinsurance	120 days maximum
	Rehabilitation services	30% Coinsurance	40% Coinsurance	Coverage is limited to 30 visits per year for Occupational, Physical therapy and Chiropractor. Coverage is limited to 20 visits per calendar year for Speech therapy.
	Habilitation services	30% Coinsurance	40% Coinsurance	Coverage is limited to 30 visits per year for Occupational, Physical therapy and Chiropractor. Coverage is limited to 20 visits per calendar year for Speech therapy.
	Skilled nursing care	30% Coinsurance	40% Coinsurance	120 days maximum
	Durable medical equipment	30% Coinsurance	40% Coinsurance	For more information refer to your SPD at www.itpeubenefits.org
	Hospice service	Not Covered	Not Covered	none
If you have dental or eye care Questions go to:  www.itpeubenefits.org 1-800-327-5926	Vision Benefit	Covered	Covered	\$200 Maximum Employee \$100 Maximum Dependent
	Dental Benefit	30% Coinsurance 45% Coinsurance prosthetics	30% Coinsurance 45% Coinsurance prosthetics	\$600 Maximum Employee \$300 Maximum Dependent

#### **Excluded Services & Other Covered Services:**

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

Bariatric Surgery

• Long-term care

• Routine foot care

• Cosmetic Surgery

• Private duty nursing

• Weight loss programs

Infertility treatment

Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

- Acupuncture
- Chiropractic care
- Dental Care
- Live Health Online

- Most coverage provided outside the United States. See
  - www.bcbs.com/bluecardworldwide
- Non-emergency care when traveling outside the U.S.
- Routine eye care

#### **Your Rights to Continue Coverage:**

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a premium, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the Plan at 1-800-327-5926. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-800-537-8183 or <a href="https://www.dol.gov/ebsa">www.dol.gov/ebsa</a>, or the U.S. Department of Health and Human Services at 1-800-233-4947 x61565 or <a href="https://www.cciio.cms.gov">www.cciio.cms.gov</a>.

Questions: Call 1-877-331-4329 or visit us at www.anthem.com.

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#### **Your Grievance and Appeals Rights:**

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice, or assistance, you can contact:

Anthem BCBS

P.O. Box 105568

Atlanta, GA 30348.

#### **Language Access Services:**

Si no es miembro todavía y necesita ayuda en idioma español, le suplicamos que se ponga en contacto con su agente de ventas o con el administrador de su grupo. Si ya está inscrito, le rogamos que llame al número de servicio de atención al cliente que aparece en su tarjeta de identificación.

如果您是非會員並需要中文協助,請聯絡您的銷售代表或小組管理員。如果您已參保,則請使用您 ID 卡上的號碼聯絡客戶服務人員。

Kung hindi ka pa miyembro at kailangan ng tulong sa wikang Tagalog, mangyaring makipag-ugnayan sa iyong sales representative o administrator ng iyong pangkat. Kung naka-enroll ka na, mangyaring makipag-ugnayan sa serbisyo para sa customer gamit ang numero sa iyong ID card.

Doo bee a'tah ni'liigoo eí dooda'í, shikáa adoołwoł íínízinigo t'áá diné k'éjíígo, t'áá shoodí ba na'ałníhí ya sidáhí bich'į naabídííłkiid. Eí doo biigha daago ni ba'nija'go ho'aałagíí bich'į hodiilní. Hai'daa iini'taago eíya, t'áá shoodí diné ya atáh halne'ígíí ní béésh bee hane'í wólta' bi'ki si'niilígíí bi'kéhgo bich'į hodiilní.



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#### **About these Coverage Examples:**

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



#### This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care vou receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

#### Having a baby

(normal delivery)

- Amount owed to providers: \$7,540
- Plan pays \$4,788
- **Patient pays** \$2,752

#### Sample care costs:

Hospital charges (mother)	\$2,700
Routine obstetric care	\$2,100
Hospital charges (baby)	\$900
Anesthesia	\$900
Laboratory tests	\$500
Prescriptions	\$200
Radiology	\$200
Vaccines, other preventive	\$40
Total	\$7,540
atient pays:	
D. J	<b>\$700</b>

Deductibles	\$700
Copays	\$0
Coinsurance	\$2,052
Limits or exclusions	\$0
Total	\$2,752

#### **Managing type 2 diabetes**

(routine maintenance of a well-controlled condition)

- Amount owed to providers: \$5,400
- Plan pays \$3,290
- Patient pays \$2,110

#### Sample care costs:

Education Laboratory tests	\$300 \$100
Laboratory tests Vaccines, other preventive	\$100 \$100
Vaccines, other preventive  Total	\$100 \$5,400

#### Patient pays:

Deductibles	\$700
Copays	\$0
Coinsurance	\$1,410
Limits or exclusions	\$0
Total	\$2,110

Questions: Call 1-877-331-4329 or visit us at www.anthem.com.

# Questions and answers about the Coverage Examples:

# What are some of the assumptions behind the Coverage Examples?

- Costs don't include employer contributions.
- Sample care costs are based on national averages supplied by the U.S.
   Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from innetwork <u>providers</u>. If the patient had received care from out-of-network <u>providers</u>, costs would have been higher.

### What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how <u>deductibles</u>, <u>copayments</u>, and <u>coinsurance</u> can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

### Does the Coverage Example predict my own care needs?

No. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

### Does the Coverage Example predict my future expenses?

No. Coverage Examples are <u>not</u> cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your <u>providers</u> charge, and the reimbursement your health plan allows.

### Can I use Coverage Examples to compare plans?

Yes. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

## Are there other costs I should consider when comparing plans?

Yes. An important cost is the contribution your employer pays.

Generally, the lower the contribution, the more you'll pay in out-of-pocket costs, such as copayments, deductibles, and coinsurance.

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